## Resources for Autistic Adults

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
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<tbody>
<tr>
<td><strong>UPMC Center for Autism and Developmental Disorders (CADD) Adult Outpatient Clinic</strong></td>
<td>Clinical diagnosis, assessment to re-evaluate diagnoses as well as vocational support, group, individual and family therapies/treatment. Specializing in autism and other developmental disabilities. Located in Oakland. 412-624-1000 <a href="http://upmc.com/Services/behavioral-health/autism/adult/Pages/outpatient-clinic.aspx">upmc.com/Services/behavioral-health/autism/adult/Pages/outpatient-clinic.aspx</a></td>
</tr>
<tr>
<td><strong>UPMC Center for Interventional Psychiatry at Western Psychiatric Hospital</strong></td>
<td>Specialized treatment and personalized care for treatment-resistant depression and other psychiatric disorders. 412-246-5063 <a href="http://upmc.com/locations/hospitals/western-psychiatric/services/interventional-psychiatry">upmc.com/locations/hospitals/western-psychiatric/services/interventional-psychiatry</a></td>
</tr>
<tr>
<td><strong>Family Behavioral Resources (FBR)</strong></td>
<td>Mental and behavioral health care. Participating site in our EASE UP trial. 724-850-8118 <a href="http://familybehavioralresources.com/contact-2/">familybehavioralresources.com/contact-2/</a></td>
</tr>
<tr>
<td><strong>Associates in Behavioral Diagnostics and Treatment</strong></td>
<td>Treatment and assessment of children and adults. 412-329-7778 • aibdt.com</td>
</tr>
<tr>
<td><strong>Merakey</strong></td>
<td>Outpatient mental health services. Participating site in our EASE UP trial. 888-647-0020 <a href="http://merakey.org">merakey.org</a></td>
</tr>
</tbody>
</table>

**In Case of Crisis**, contact ReResolve Crisis Services: 1-888-796-8226 Available 24/7 365 days Free to all Allegheny County residents

Find the most up-to-date resources online: reaact.pitt.edu/resources
Resources for Autistic Adults

CAREER EMPLOYMENT SERVICES

Office of Vocational Rehabilitation (OVR)

Counseling, Career/Training Services, Diagnostic Services, etc.
531 Penn Avenue Pittsburgh, PA 15222
412-392-4950 or 800-442-6371 • Email: ovr@dli.state.pa.us

Tom Armstrong, University of Pittsburgh Office of Human resources

200 South Craig Street, 100 Craig Hall Pittsburgh, PA 15260
412-648-8375 • Email: armstr89@pitt.edu

Evolve Coaching

Career and self-advocacy resources
3706 Butler Street Pittsburgh, PA 15201
(412) 744-9017 • Email: info@evolve-coaching.org

OAR Hire Autism Resource Center

Free, comprehensive services for autistic job seekers
hireautism.org

Hiram G. Andrews Center

Educational programs to adults with disabilities transitioning to successful employment
727 Goucher Street Johnstown, PA 15905
814-255-8200 • Email: CTI.HGAC@pa.gov

Cognitive Skills Enhancement Program at the Hiram G. Andrews Center

Pre-employment transition program for adults with neurodevelopmental and cognitive disabilities. Implements the EASE program.

shrs.pitt.edu/cbh/community-engagement/collaboration-commonwealth-technical-institute-hiram-g-andrews-center#CSEP

Find the most up-to-date resources online: reaact.pitt.edu/resources
Resources for Autistic Adults

412-246-5485 • autismrecruiter@upmc.edu

COUNSELING SERVICES

Jewish Family & Children’s Service of Pittsburgh

Services, support groups, etc.
5743 Bartlett Street Pittsburgh, PA 15217
412-422-7200 • jfcspgh.org

PKO Counseling Services

behavioral health services, counseling, and coaching for teens/adults
Pittsburgh: 4 Smithfield Street, Suite 520 Pittsburgh, PA 15222
South Hills: 615 Washington Road, Suite 301 Mt. Lebanon, PA 15228
412-354-0636 • Email: info@pkocounselingservices.com

Connection: Counseling and Consultation

Counseling, consultation, coaching, neurodiversity supports
2209 Ardmore Boulevard Pittsburgh, PA 15221 & 7501 Penn Avenue Pittsburgh, PA 15208
412–3336–8653 • Email: connectioncounselinginc@gmail.com

Wesley Family Services

behavioral health services, support throughout the lifespan for children, adults, and families
412–342–2270 or 888–222–4200 • wfspa.org/

Shawn McGill Consulting

Behavioral health services for autistic adults
1 Scenery Road Pittsburgh, PA 15221
412–781–3829 or 412–774–2240 • Email: smcgill@shawnmcgillsw.com

Find the most up-to-date resources online: reaact.pitt.edu/resources
## Resources for Autistic Adults

### PSYCHIATRISTS

**Dr. Xenia Borue, Full Spectrum Psychiatry**

12 Eastern Avenue, Suite 200 Pittsburgh, PA 15215  
Office: 412-345-1159  Cell: 917-841-9276  • fspsychiatry.com

**Dr. Gregory Thorkelson**

5725 Forward Avenue, Suite 401 Pittsburgh, PA 15217  
(412) 214-0042

**Dr. Mike Rancurello, Allegheny General Hospital Psychiatry**

Pittsburgh: 4 Allegheny Center, Floor 8 Pittsburgh, PA 15212  
(412) 330-4000  
Wexford: 500 Blazier Drive Wexford, PA 15090  
(724-934-2422)

**Dr. Manuel Reich, Persoma Counseling Services**

300 Oxford Drive, Suite 110 Monroeville, PA 15146  
412-823-5155  • Email: info@persoma.com

### WEBSITES

**ASERT Center of Western PA**

Offers training services and tons of resources in PA  • [paaautism.org](http://paaautism.org)

**PA Department of Human Services**

Information about available services for autistic adults in PA  
[dhs.pa.gov/Services/Disabilities-Aging/Pages/Autism-Services.aspx](http://dhs.pa.gov/Services/Disabilities-Aging/Pages/Autism-Services.aspx)

**Autism Connection of PA**

Local resource that provides resources and social groups  • [autism-support.org](http://autism-support.org)

**Autism and Grief Project**

Resources for autistic adults experiencing grief  • [autismandgrief.org](http://autismandgrief.org)

Find the most up-to-date resources online: [reaact.pitt.edu/resources](http://reaact.pitt.edu/resources)
# Resources for Autistic Adults

**Private Psychologists/Therapists and Social/Support Groups**

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialization</th>
<th>Contact Information</th>
</tr>
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<tbody>
<tr>
<td><strong>Erin E. Kelly, LCSW</strong></td>
<td>PTSD and stress-related disorders</td>
<td>elementalselfinstitute.com/contact-us</td>
</tr>
<tr>
<td><strong>Lisa McDonough, LCSW</strong></td>
<td>Anxiety, autism</td>
<td>Online appointments only 412-844-5230 psychologytoday.com/us/therapists/lisa-mcdonough-pittsburgh-pa/66576</td>
</tr>
<tr>
<td><strong>Wendy Halley, Skills Coach for Life</strong></td>
<td>Specializing in social skills</td>
<td>412-421-7655 <a href="mailto:socialskcoach2@gmail.com">socialskcoach2@gmail.com</a> social-skills-lessons.com</td>
</tr>
<tr>
<td><strong>Melissa Smiley Jacobson, MSW, LCSW</strong></td>
<td>878-203-1823</td>
<td>psychologytoday.com/us/therapists/melissa-smiley-jacobson-pittsburgh-pa/325242</td>
</tr>
<tr>
<td><strong>Dr. Pamela J. Bram</strong></td>
<td>Anxiety, stress, depression</td>
<td>412-532-1151 psychologytoday.com/us/therapists/pamela-bram-phd-pittsburgh-pa/174514</td>
</tr>
<tr>
<td><strong>Caitlin Trabert, LPC, CRC (Hope Rising Integrative Counseling LLC)</strong></td>
<td>814-708-4696 Email: hoperisingcounselingprotonmail.com</td>
<td></td>
</tr>
<tr>
<td><strong>Mark R. Jones, LCSW</strong></td>
<td>Anxiety, OCD</td>
<td>412-459-7808 psychologytoday.com/us/therapists/mark-r-jones-murrysville-pa/78099</td>
</tr>
<tr>
<td><strong>Lisa Morgan Consulting, LLC</strong></td>
<td>Life coaching services</td>
<td>autismcrisisssupport.com/contact</td>
</tr>
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**Occupation Therapy**

Occupation Therapy 412-746-1200 Email: heartofgoldpgh@gmail.com

**Heart of Gold Pittsburgh Therapy Project**

Heart of Gold Pittsburgh Therapy Project 412-746-1200 Email: heartofgoldpgh@gmail.com

**Late Diagnosis Autism Support Group**

Late Diagnosis Autism Support Group Virtual support group meeting for adults diagnosed later in life autismofpa.org/events

**Pittsburgh Adult Autism Group**

Pittsburgh Adult Autism Group Hosts discussions and social outing groups meetup.com/autismofpa/

**Pittsburgh Center for Autism Advocacy**

Pittsburgh Center for Autism Advocacy Monthly social meetings for autistic and neurodiverse adults Email: info@autisticpgh.org • autisticpgh.org

See also: psychologytoday.com for more providers in your area