

Resources for Autistic Adults

Pitt ACE

Autism Center of Excellence

REACT

Regulation of Emotion in Autistic Adults, Children, and Teens

412-246-5485 • autismrecruiter@upmc.edu

In Case of Crisis, contact ReResolve Crisis Services: 1-888-796-8226

*Available 24/7 365 days
Free to all Allegheny County residents*

UPMC Center for Autism and Developmental Disorders (CADD) Adult Outpatient Clinic

Clinical diagnosis, assessment to re-evaluate diagnoses as well as vocational support, group, individual and family therapies/treatment. Specializing in autism and other developmental disabilities

Located in Oakland

412-624-1000

upmc.com/Services/behavioral-health/autism/adult/Pages/outpatient-clinic.aspx

Progressive Evaluation and Referral Center (PERC)

Specializing in complex medical needs in adults with intellectual and developmental disabilities

412-692-4888

dom.pitt.edu/dgim/clinical/sites/perc/

UPMC Center for Interventional Psychiatry at Western Psychiatric Hospital

Specialized treatment and personalized care for treatment-resistant depression and other psychiatric disorders

412-246-5063

upmc.com/locations/hospitals/western-psychiatric/services/interventional-psychiatry

Family Behavioral Resources (FBR)

Mental and behavioral health care. Participating site in our EASE UP trial.

724-850-8118

familybehavioralresources.com/contact-2/

Associates in Behavioral Diagnostics and Treatment

Treatment and assessment of children and adults

412-329-7778 • aibdt.com

Merakey

Outpatient mental health services. Participating site in our EASE UP trial.

888-647-0020

merakey.org

Find the most up-to-date resources online: react.pitt.edu/resources

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CAREER EMPLOYMENT SERVICES

Office of Vocational Rehabilitation (OVR)

Counseling, Career/Training Services, Diagnostic Services, etc.
531 Penn Avenue Pittsburgh, PA 15222
412-392-4950 or 800-442-6371 • Email: ovr@dli.state.pa.us

Tom Armstrong, University of Pittsburgh Office of Human resources

200 South Craig Street, 100 Craig Hall Pittsburgh, PA 15260
412-648-8375 • Email: armstr89@pitt.edu

Evolve Coaching

Career and self-advocacy resources
3706 Butler Street Pittsburgh, PA 15201
(412) 744-9017 • Email: info@evolve-coaching.org

OAR Hire Autism Resource Center

Free, comprehensive services for autistic job seekers
hireautism.org

Hiram G. Andrews Center

Educational programs to adults with disabilities transitioning to successful employment
727 Goucher Street Johnstown, PA 15905
814-255-8200 • Email: CTI.HGAC@pa.gov

Cognitive Skills Enhancement Program at the Hiram G. Andrews Center

Pre-employment transition program for adults with neurodevelopmental and cognitive disabilities. Implements the EASE program.

shrs.pitt.edu/cbh/community-engagement/collaboration-commonwealth-technical-institute-hiram-g-andrews-center#CSEP

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COUNSELING SERVICES

Jewish Family & Children's Service of Pittsburgh

Services, support groups, etc.
5743 Bartlett Street Pittsburgh, PA 15217
412-422-7200 • jfcspgh.org

PKO Counseling Services

behavioral health services, counseling, and coaching for teens/adults
Pittsburgh: 4 Smithfield Street, Suite 520 Pittsburgh, PA 15222
South Hills: 615 Washington Road, Suite 301 Mt. Lebanon, PA 15228
412-354-0636 • Email: info@pkocounselingservices.com

Connection: Counseling and Consultation

Counseling, consultation, coaching, neurodiversity supports
2209 Ardmore Boulevard Pittsburgh, PA 15221 & 7501 Penn Avenue Pittsburgh, PA 15208
412-3336-8653 • Email: connectioncounselinginc@gmail.com

Wesley Family Services

behavioral health services, support throughout the lifespan for children, adults, and families
412-342-2270 or 888-222-4200 • wfspa.org/

Shawn McGill Consulting

Behavioral health services for autistic adults
1 Scenery Road Pittsburgh, PA 15221
412-781-3829 or 412-774-2240 • Email: smcgill@shawnmcgillsw.com

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PSYCHIATRISTS

Dr. Xenia Borue, Full Spectrum Psychiatry

12 Eastern Avenue, Suite 200 Pittsburgh, PA 15215
Office: 412-345-1159 Cell: 917-841-9276 • fspsychiatry.com

Dr. Gregory Thorkelson

5725 Forward Avenue, Suite 401 Pittsburgh, PA 15217
(412) 214-0042

Dr. Mike Rancurello, Allegheny General Hospital Psychiatry

Pittsburgh: 4 Allegheny Center, Floor 8 Pittsburgh, PA 15212 (412-330-4000)
Wexford: 500 Blazier Drive Wexford, PA 15090 (724-934-2422)

Dr. Manuel Reich, Persoma Counseling Services

300 Oxford Drive, Suite 110 Monroeville, PA 15146
412-823-5155 • Email: info@persoma.com

WEBSITES

ASERT Center of Western PA

Offers training services and tons of resources in PA • paautism.org

PA Department of Human Services

Information about available services for autistic adults in PA
dhs.pa.gov/Services/Disabilities-Aging/Pages/Autism-Services.aspx

Autism Connection of PA

Local resource that provides resources and social groups • autism-support.org

Autism and Grief Project

Resources for autistic adults experiencing grief • autismandgrief.org

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PRIVATE PSYCHOLOGISTS/THERAPISTS AND SOCIAL/SUPPORT GROUPS

Erin E. Kelly, LCSW

PTSD and stress-related disorders
elementselfinstitute.com/contact-us

Lisa McDonough, LCSW

Anxiety, autism
Online appointments only
412-844-5230
psychologytoday.com/us/therapists/lisa-mcdonough-pittsburgh-pa/66576

Wendy Halley, Skills Coach for Life

Specializing in social skills
412-421-7655
socialskcoach2@gmail.com
social-skills-lessons.com

Melissa Smiley Jacobson, MSW, LCSW

878-203-1823
psychologytoday.com/us/therapists/melissa-smiley-jacobson-pittsburgh-pa/325242

Dr. Pamela J. Bram

Anxiety, stress, depression
Online appointments only
412-532-1151
psychologytoday.com/us/therapists/pamela-bram-phd-pittsburgh-pa/174514

Caitlin Trabert, LPC, CRC (Hope Rising Integrative Counseling LLC)

814-708-4696
Email: hoperisingcounselingprotonmail.com

Mark R. Jones, LCSW

Anxiety, OCD
Online appointments only
412-459-7808
psychologytoday.com/us/therapists/mark-r-jones-murrysville-pa/78099

Lisa Morgan Consulting, LLC

Life coaching services
autismcrisissupport.com/contact

Heart of Gold Pittsburgh Therapy Project

Occupation Therapy
412-746-1200 Email: heartofgoldpgh@gmail.com

Pittsburgh Adult Autism Group

Hosts discussions and social outing groups
meetup.com/autismofpa/

Late Diagnosis Autism Support Group

Virtual support group meeting for adults diagnosed later in life
autismofpa.org/events

Pittsburgh Center for Autism Advocacy

Monthly social meetings for autistic and neurodiverse adults
Email: info@autisticpgh.org • autisticpgh.org

See also: psychologytoday.com for more providers in your area