

# Pittsburgh Area Resources for Autistic Children and Adolescents

**Pitt ACE**

Autism Center of Excellence

**REACT**

Regulation of Emotion in Autistic Adults, Children, and Teens

**412-246-5485 • [autismrecruiter@upmc.edu](mailto:autismrecruiter@upmc.edu)**

## **In Case of Crisis:**

Contact ReSolve Crisis Services: 1-888-796-8226  
Available 24/7-365 days -free to all Allegheny County residents

## **Center for Autism and Developmental Disorders (CADD) Child and Adolescent Outpatient Clinic**

Clinical diagnosis, diagnosis clarification, vocational support, group, individual and family therapies/treatment  
1011 Bingham Street Pittsburgh, PA 15203  
412-235-5397 • [upmc.com/Services/behavioral-health/autism/adult/Pages/outpatient-clinic.aspx](http://upmc.com/Services/behavioral-health/autism/adult/Pages/outpatient-clinic.aspx)

## **Center for Pediatric Neuropsychology**

Child and Family Therapy, Assessment and Evaluation (Ages 18 and under)  
Multiple Locations: South - Mt. Lebanon (412-343-6416) and East - Plum 724-519-7150  
[centerforpediatricneuropsychology.com/contact](http://centerforpediatricneuropsychology.com/contact)

## **Associates in Behavioral Diagnostics and Treatment**

Assessments and interventions for children and adolescents  
Multiple locations (Moon, Carnegie, Robinson, and North Hills) • 412-329-7778 • [aibdt.com](http://aibdt.com)

## **The Via Center, PC**

Therapy and psychiatry services  
3055 Washington Road, Suite 101 McMurray, PA 15317 • 724-260-0550 • [theviacenter.com](http://theviacenter.com)

## **Children's Hospital of Pittsburgh Child Development Unit (CDU)**

Clinical diagnosis for under 8 years old  
Multiple locations: Oakland (3420 Fifth Avenue Pittsburgh, PA 15213) and Wexford (11279 Perry Highway Wexford, PA 15090)  
412-692-5560 • <https://www.chp.edu/our-services/child-development-unit>

## **Merakey**

Outpatient mental health services. Participating site in our EASE UP trial.  
888-647-0020 • [merakey.org](http://merakey.org)

## **Family Behavioral Resources (FBR)**

Mental and behavioral health care. Participating site in our EASE UP trial.  
724-850-8118 • [familybehavioralresources.com/contact-2/](http://familybehavioralresources.com/contact-2/)

## **Psychological Perspectives, LLC**

Evaluations and therapy  
345 Regis Avenue, Suite 2 Pittsburgh, PA 15236 • 412-294-7399 • [psychologicalperspectives.net](http://psychologicalperspectives.net)

## **Intensive Behavioral Health Services**

Individualized mental health services provided in the home, school, and community  
<https://paautism.org/resource/intensive-behavioral-health-services/>

**Find the most up-to-date resources online: [react.pitt.edu/resources](http://react.pitt.edu/resources)**

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## COUNSELING SERVICES AND SUPPORTS

### Jewish Family & Children's Service of Pittsburgh

Services, support groups, etc.  
5743 Bartlett Street Pittsburgh, PA 15217  
412-422-7200 • [jfcspgh.org](http://jfcspgh.org)

### The Friendship Circle

Support and social groups  
1922 Murray Avenue Pittsburgh, PA 15217  
412-224-4440 • [fcpgh.org/](http://fcpgh.org/)

### Wesley Family Services

Behavioral health services, assessments, support throughout the lifespan for children, adults, and families including group supports (WonderKids, Healthy Relationships Outpatient, etc.)  
412-342-2270 or 888-222-4200 • [wfspa.org/](http://wfspa.org/)

### Connection: Counseling and Consultation

Counseling, consultation, coaching, neurodiversity supports  
2209 Ardmore Boulevard Pittsburgh, PA 15221 & 7501 Penn Avenue Pittsburgh, PA 15208  
412-336-8653 • Email: [connectioncounselinginc@gmail.com](mailto:connectioncounselinginc@gmail.com)

### Office of Vocational Rehabilitation (OVR)

Counseling, career/training services, diagnostic services, etc.  
531 Penn Avenue Pittsburgh, PA 15222  
412-392-4950 or 800-442-6371 • Email: [ovr@dli.state.pa.us](mailto:ovr@dli.state.pa.us)

### The Children's Institute of Pittsburgh

Educational/behavioral health/physical health/family support services  
1405 Shady Avenue Pittsburgh, PA 15217-1350  
412-420-2400 • [amazingkids.org](http://amazingkids.org)

### The Watson Institute

Special educational school and consultation, behavioral health services  
301 Camp Meeting Road Sewickley, PA 15143  
412-741-1800 or 866-893-4751 • [thewatsoninstitute.org/schools/](http://thewatsoninstitute.org/schools/)

### Autism Urban Connections Inc.

Education, supports, and advocacy for African American and minority families  
412-812-3091 • [aucopfgh.org](http://aucopfgh.org)

## PKO Counseling Services

Behavioral health services, counseling, and coaching for teens/adults  
Pittsburgh: 4 Smithfield Street, Suite 520 Pittsburgh, PA 15222  
South Hills: 615 Washington Road, Suite 301 Mt. Lebanon, PA 15228  
412-354-0636 • Email: [info@pkocounselingservices.com](mailto:info@pkocounselingservices.com)

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## PHYSICIANS AND PSYCHIATRISTS

### Dr. Xenia Borue, Full Spectrum Psychiatry

12 Eastern Avenue, Suite 200 Pittsburgh, PA 15215  
Office: 412-345-1159 Cell: 917-841-9276 • [fspsychiatry.com](http://fspsychiatry.com)

### Dr. Gregory Thorkelson

5725 Forward Avenue, Suite 401 Pittsburgh, PA 15217 • 412-214-0042

### Dr. Mike Rancurello, Allegheny General Hospital Psychiatry

Pittsburgh: 4 Allegheny Center, Floor 8 Pittsburgh, PA 15212 (412-330-4000)  
Wexford: 500 Blazier Drive Wexford, PA 15090 (724-934-2422)

### Dr. Manuel Reich, Persoma Counseling Services

300 Oxford Drive, Suite 110 Monroeville, PA 15146 • 412-823-5155 • [info@persoma.com](mailto:info@persoma.com)

## WEBSITES

### ASERT Center of Western PA

Offers training services and tons of resources in PA (how to access local support groups) • [paautism.org](http://paautism.org)

### Autistic Self Advocacy Network

Empowers autistic people through self-advocacy • [autisticadvocacy.org](http://autisticadvocacy.org)

### PA Department of Health Services

Information about available services for autistic people in PA • [dpw.state.pa.us](http://dpw.state.pa.us)

### PEAL Center

Educates and empowers people with disabilities to thrive at school and work • [pealcenter.org](http://pealcenter.org)

### Autism Connection of PA

Local resource that provides resources, social groups, and support groups • [autismofpa.org](http://autismofpa.org)

### Pittsburgh Center for Autistic Advocacy

Builds community and support systems for autistic people • [autisticpgh.org](http://autisticpgh.org)

### The Color of Autism Foundation

Connects families of color to trauma informed and culturally competent support • [thecolorofautism.org](http://thecolorofautism.org)

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## PRIVATE PSYCHOLOGISTS AND THERAPISTS

### Wendy Halley, Skills Coach for Life

Specializing in social skills  
Office: 412-421-7655 • Mobile: 412-327-  
0595 [socialskcoach2@gmail.com](mailto:socialskcoach2@gmail.com)  
[social-skills-lessons.com](http://social-skills-lessons.com)

### Melissa Smiley Jacobson, MSW, LCSW

Works with children/teens/adults  
311 S Craig Street, Suite 2D Pittsburgh,  
PA 15213  
878-203-1823  
[psychologytoday.com/us/therapists/  
melissa-smiley-jacobson-  
pittsburgh-pa/325242](http://psychologytoday.com/us/therapists/melissa-smiley-jacobson-pittsburgh-pa/325242)

### Mark R. Jones, LCSW

Anxiety, adolescents  
Online appointments only  
412-459-7808  
[psychologytoday.com/us/therapists/  
mark-r-jones-murrysville-pa/78099](http://psychologytoday.com/us/therapists/mark-r-jones-murrysville-pa/78099)

### Lisa McDonough, LCSW

Anxiety, autism  
Online Appointments Only  
412-844-5230  
[psychologytoday.com/us/therapists/  
lisa-mcdonough-pittsburgh-  
pa/66576](http://psychologytoday.com/us/therapists/lisa-mcdonough-pittsburgh-pa/66576)

**See also:**

[psychologytoday.com](http://psychologytoday.com) for more therapists in your area

Find the most up-to-date resources online: [react.pitt.edu/resources](http://react.pitt.edu/resources)